

THE PIANIMALS PLAYBOOK



The Pianimals Music – Primo & Secundo

Alan Fraser

Pianimals is a beginning piano method based on the Feldenkrais Method, fostering organic learning that marries physical habit to musical practice. This Playbook presents the pupils' compositions with the teachers' accompaniments in Primo/Secundo format for easy reading and performance. Instructions on how to play the pieces can be found in the *Pianimals Teachers' Manual* and the *Pianimals Method Book*.

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Lazy Lion

SECUNDO

with pedal

The Pogo Stick

Briskly

SECUNDO

Briskly

Lazy Lion

Follow the line of the arm swoop,
flattening the finger on each key.

PRIMO



The Pogo Stick

PRIMO



The Tightrope Walker (Basic)

SECUNDO

Treble clef, common time.

Bass clef, common time.

Music starts with a half note, followed by a repeating pattern of eighth-note pairs (dot over note, note over bar), then a half note, and so on.

The Tightrope Walker

SECUNDO

Treble clef, common time.

Bass clef, common time.

Music starts with a half note, followed by a repeating pattern of eighth-note pairs (dot over note, note over bar), then a half note, and so on.

The Tightrope Walker (Basic)

PRIMO

Musical score for the Primo part of 'The Tightrope Walker (Basic)'. The score consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in common time (indicated by 'C'). The music features eighth-note patterns with '2' above them, indicating a tempo of two eighth notes per beat. The bass staff has several rests indicated by dashes.

The Tightrope Walker

PRIMO

Musical score for the Primo part of 'The Tightrope Walker'. The score consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in common time (indicated by 'C'). The music features sixteenth-note patterns with numbers above them (4, 3, 4, 2, 3, 1) indicating a tempo of sixteenth notes per beat. The bass staff has several rests indicated by dashes.

Elegant Alionus (Basic)

Musical score for the SECUNDO part of *Elegant Alionus (Basic)*. The score consists of two staves: treble clef (C) and bass clef (C). The music is in common time (indicated by 'c'). The score is divided into measures by vertical bar lines. Below each measure is a label: 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', and an asterisk (*). The music features eighth-note patterns and sixteenth-note patterns.

Elegant Alionus

Musical score for the SECUNDO part of *Elegant Alionus*. The score consists of two staves: treble clef (C) and bass clef (C). The music is in common time (indicated by 'c'). The score is divided into measures by vertical bar lines. Below each measure is a label: 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', 'Leo.', and an asterisk (*). The music features eighth-note patterns and sixteenth-note patterns, similar to the basic version but with slight variations in the patterns.

Elegant Alionus (Basic)



Follow the line
of the arm swoop

simile

PRIMO

2ed.

*

Musical score for PRIMO part. It consists of two staves: Treble and Bass. The Treble staff has a common time signature (C) and a key signature of one sharp (F#). The Bass staff has a common time signature (C) and a key signature of one sharp (F#). The music features eighth-note patterns. A dashed line with arrows indicates a 'swoop' movement, starting from the first note of each measure. The word 'simile' is placed above the notes in the second measure. The instruction 'Follow the line of the arm swoop' is written above the first measure. The dynamic '2ed.' is indicated below the bass staff, and an asterisk (*) is at the end.

Elegant Alionus



follow the line
of the arm swoop

simile

PRIMO

2ed.

*

Musical score for PRIMO part. It consists of two staves: Treble and Bass. The Treble staff has a common time signature (C) and a key signature of one sharp (F#). The Bass staff has a common time signature (C) and a key signature of one sharp (F#). The music features eighth-note patterns. A dashed line with arrows indicates a 'swoop' movement, starting from the first note of each measure. The word 'simile' is placed above the notes in the second measure. The instruction 'follow the line of the arm swoop' is written above the first measure. The dynamic '2ed.' is indicated below the bass staff, and an asterisk (*) is at the end.

Sleepy Bear (Basic)

Lazily

SECUNDO

The musical notation consists of two staves. The top staff is in treble clef (G-clef) and the bottom staff is in bass clef (F-clef). Both staves have a common time signature (indicated by 'c'). The first measure shows a single note on the G-line of the treble staff. The second measure shows a single note on the A-line of the bass staff, with a wavy brace underneath labeled '(optional)'. The third measure shows a single note on the B-line of the bass staff. The fourth measure shows a single note on the C-line of the bass staff. The fifth measure shows a single note on the D-line of the bass staff, with a wavy brace underneath labeled '(optional)'.

Sleepy Bear

Lazily

SECUNDO

The musical notation consists of two staves. The top staff is in treble clef (G-clef) and the bottom staff is in bass clef (F-clef). Both staves have a common time signature (indicated by 'c'). The first measure shows a single note on the G-line of the treble staff. The second measure shows a single note on the A-line of the bass staff, with a wavy brace underneath labeled '(optional)'. The third measure shows a single note on the B-line of the bass staff. The fourth measure shows a single note on the C-line of the bass staff. The fifth measure shows a single note on the D-line of the bass staff, with a wavy brace underneath labeled '(optional)'.

Sleepy Bear (Basic)



Lazily *roll over, lie down... and back... roll over, lie down... and back... roll over.... lie down even lower...*

PRIMO

1 2

TH

2

Sleepy Bear



Lazily $\frac{4}{3}$ *roll over... and back... roll over... and back... roll over... even farther...*

Lazily

4
3
2

roll over... and back... roll over... and back... roll over... even farther...

TH

PRIMO

Jumbo's Lullaby (Basic)

SECUNDO

Lento.

Jumbo's Lullaby

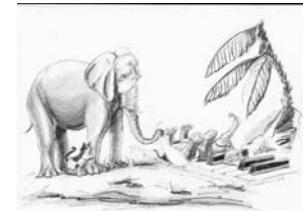
SECUNDO

Lento.

Jumbo's Lullaby (Basic)

PRIMO

A musical score for the Primo part of "Jumbo's Lullaby (Basic)". It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef, both in common time. The music is divided into measures by vertical bar lines. In the first measure, there is a single note on the top staff followed by a rest. The second measure starts with a note on the top staff, followed by a note on the bottom staff. The third measure starts with a note on the top staff, followed by a note on the bottom staff. The fourth measure starts with a note on the top staff, followed by a note on the bottom staff. The fifth measure starts with a note on the top staff, followed by a note on the bottom staff. The sixth measure starts with a note on the top staff, followed by a note on the bottom staff. The notes are represented by small circles with stems, and some have numerical values (4, 2, 5, 4, 2) above them. The bass staff has a note "H" written under it.

Jumbo's Lullaby

PRIMO

A musical score for the Primo part of "Jumbo's Lullaby". It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef, both in common time. The music is divided into measures by vertical bar lines. In the first measure, there is a single note on the top staff followed by a rest. The second measure starts with a note on the top staff, followed by a note on the bottom staff. The third measure starts with a note on the top staff, followed by a note on the bottom staff. The fourth measure starts with a note on the top staff, followed by a note on the bottom staff. The fifth measure starts with a note on the top staff, followed by a note on the bottom staff. The notes are represented by small circles with stems, and some have numerical values (5, 3, 5, 3, 2, 3, 5, 2, 1) above them. The bass staff has a note "H" written under it.

Dreamy Dragon (Basic)

SECUNDO

Treble clef, Bass clef, C, 4 flats.

Measure 1: Note, Grace note.

Measure 2: Note, Grace note.

Measure 3: Note, Grace note.

Measure 4: Note, Grace note.

Dreamy Dragon

SECUNDO

Treble clef, Bass clef, C, 4 flats.

Measure 1: Note, Grace note.

Measure 2: Note, Grace note.

Measure 3: Note, Grace note.

Measure 4: Note, Grace note.

3

Treble clef, Bass clef, C, 4 flats.

Measure 1: Note, Grace note.

Measure 2: Note, Grace note.

Measure 3: Note, Grace note.

Measure 4: Note, Grace note.

Dreamy Dragon (Basic)



PRIMO

Dreamy Dragon



PRIMO

The Oranga-Thumb

SECUNDO

6

Cockatoo Carol



SECUNDO
(PUPIL)

BB



The Oranga-Thumb

Beginner: Poke Screw Screw Screw *sempre*

Advanced: Poke Pad Stand Stretch *sempre*

PRIMO

A musical score for PRIMO (Beginner). It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef, both in common time. The music is a continuous eighth-note pattern starting on the first note of the first measure. Measure lines are present between measures 1-2, 2-3, 3-4, 4-5, 5-6, and 6-7.

6

A musical score for PRIMO (Advanced). It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef, both in common time. The music is a continuous eighth-note pattern with grace notes indicated by small strokes above the main notes. Measure lines are present between measures 1-2, 2-3, 3-4, 4-5, 5-6, and 6-7. The word "Pad" is written at the end of the score.

Cockatoo Carol

PRIMO
(TEACHER)

A musical score for PRIMO (Teacher). It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef, both in common time. The music features a melodic line with eighth-note patterns and sustained notes. A fermata is placed over the last note of the fourth measure. Measure lines are present between measures 1-2, 2-3, 3-4, and 4-5.

Teetering Toucan Trills

Moderato ($\text{♩} = \text{c. } 40$)

The musical score consists of three staves. The top staff, labeled "SECUNDO", has a treble clef and a common time signature. It contains two measures of music, with measure 2 divided into two sixteenth-note patterns by a vertical bar line. Measure 3 begins with a sixteenth-note pattern followed by a sixteenth-note rest, then a sixteenth-note trill consisting of six notes over two measures. The middle staff has a treble clef and a common time signature, starting at measure 5. It features eighth-note patterns and quarter-note chords. The bottom staff has a bass clef and a common time signature, starting at measure 11. It shows eighth-note patterns and quarter-note chords.

Teetering Toucan Trills

Moderato ($\text{♩} = \text{c. } 40$)

Teeter left Teeter right Teeter left Teeter right Teeter left Teeter right etc.

PRIMO

The musical score consists of three staves of music for two players, Primo and Secondo. The Primo staff (top) has a treble clef, common time, and a key signature of one sharp. It starts with a single note followed by a rest, then a series of eighth-note pairs. The Secondo staff (bottom) has a bass clef, common time, and a key signature of one sharp. It starts with a rest followed by a single note. Brackets above the notes indicate a three-note group. The Third staff (middle) has a treble clef, common time, and a key signature of one sharp. It starts with a rest followed by a series of eighth-note pairs. The staff number '7' is written above the first measure of the third staff. The Primo staff continues with a series of eighth-note pairs. The Secondo staff continues with rests. The staff number '12' is written above the first measure of the Primo staff. The Primo staff concludes with a single note. The Secondo staff concludes with a rest.

Amorphous Amoeba (Basic)

SECUNDO

rit.

8

Amorphous Amoeba

SECUNDO

rit.

8



Amorphous Amoeba (Basic)

Grave

5

3

1

PRIMO

Grave

5
3
1

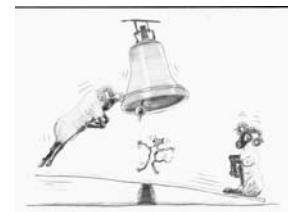
2
2
2
2
2
2
2
2
2
2
2
2
rit.



Amorphous Amoeba

Grave

PRIMO



Church Bell Changes

SECUNDO
(PUPIL)

Ped.

*

The Bells of Big Ben

SECUNDO

Church Bell Changes

8va -----

PRIMO (TEACHER)

The Bells of Big Ben



Lento $\text{♩} = 60$

PRIMO

$\text{♩} = 60$

Lento

*

Gyrating Jarrett Waltz (Basic)

SECUNDO

1 2 2-1 *

Gyrating Jarrett Waltz

SECUNDO

1 2 2-1 *

Gyrating Jarrett Waltz (Basic)



PRIMO

A musical score for the 'PRIMO' part. The music is in 3/4 time, treble clef, and consists of two staves. The top staff has four measures of music with various note heads and numbers (1, 3, 2, 1) above them. The bottom staff has four measures of rests. The word 'Ped.' is written below the first measure of the top staff, and an asterisk (*) is at the end of the second measure of the top staff.

Gyrating Jarrett Waltz



PRIMO

A continuation of the musical score for the 'PRIMO' part. The music is in 3/4 time, treble clef, and consists of two staves. The top staff has five measures of music with note heads and numbers (1, 5, 4, 1, 2, 2, 2, 1, 4, 3, 1, 2, 2, 2-1) above them. The bottom staff has five measures of rests. The word 'Ped.' is written below the first measure of the top staff, and an asterisk (*) is at the end of the second measure of the top staff.

Forte Flying Fox (Basic)



SECUNDO
(PUPIL)

f

A musical score for the 'SECUNDO (PUPIL)' part. It consists of a single staff in common time with a treble clef. The dynamic is marked as *f*. The music is divided into 12 measures by vertical bar lines. Each measure contains a single note or a pair of notes. Above each note is an arrow pointing upwards, indicating a specific performance technique or attack style.

Forte Flying Fox



SECUNDO
(PUPIL)

f

A musical score for the 'SECUNDO (PUPIL)' part. It consists of a single staff in common time with a treble clef. The dynamic is marked as *f*. The music is divided into 12 measures by vertical bar lines. Each measure contains a single note or a pair of notes. Above each note is an arrow pointing upwards, indicating a specific performance technique or attack style.

Forte Flying Fox (Basic)

PRIMO
(TEACHER)

f

Forte Flying Fox

PRIMO
(TEACHER)

f

Swinging Song (Smaller Hand)

A musical score for two hands, labeled "SECUNDO". The score consists of three staves: Treble, Alto, and Bass. The Treble and Alto staves begin with a treble clef, while the Bass staff begins with a bass clef. The key signature is C major (no sharps or flats). The time signature is common time (indicated by 'C'). The music features eighth-note patterns. The Alto staff has a melodic line with sustained notes and slurs. The Bass staff provides harmonic support with sustained notes. The score concludes with a fermata over the Alto staff and an asterisk (*) at the end.

SECUNDO

Treble Clef

Alto Clef

Bass Clef

C

Le. (Measure 1)

*

Swinging Song (Smaller Hand)



PRIMO

Soprano: $\text{C} \quad - \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B}$

Alto: $\text{C} \quad - \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A} \quad \text{B} \quad \text{A}$

Bass: $\text{C} \quad - \quad \text{D} \quad \text{C} \quad \text{D}$



The Pianimals



Concert